



HIDDEN NATURE

Trees in Art in Hadleigh

11th to 20th September National Heritage Festival FREE Event

We invite you to spend some quality time with beautiful trees on a town or river walk. Some trees are as ancient as the buildings you'll see. Why not use the Hadleigh Tree Trail and sketch, photograph or write your impressions as a memory of your visit?

What's not to love about trees? They provide the oxygen we breathe, soak up pollution and stabilise the earth. They give us materials, shelter, fire, medicine and food. They communicate silently with our immune systems and emotions.

Throughout the world, trees appear in folklore, mythology and spiritual traditions. Trees make town and countryside beautiful. They have inspired Suffolk artists such as Constable, Gainsborough, Alfred Munnings, Cedric Morris and Maggi Hambling. There are also many famous Suffolk nature writers, such as Roger Deakin, Richard Mabey and Melissa Harrison.

We welcome people of all ages and abilities to sketch some trees as a memory of your walk and as a stimulus for other creative work. A safe and quiet spot to sit and work is around St Mary's church and the Deanery Tower. You will also find some perfect spots along the river walk. Please bring along a cushion or folding chair, and your favourite art materials. We provide Nature Hunters activity sheets for children.

Afterwards the magic happens and you start noticing trees everywhere: how individual they are and the many tree and leaf patterns in wood, pottery and stone.

Additionally, on Sunday 13th September at 11.00am and 2.00pm, we'll be offering a free *Walking with Trees* guided walk, limited to four people per guide.

Please book with The Town Guides 077 487 10598 or at VISITOR INFORMATION open this year

August and September Saturdays 9am-3pm and on Sundays 9am – 1pm.

- You can collect the Tree Trail map and other activities from VISITOR INFORMATION *Hosted by the Letting Department* 1, Market Place IP7 5DL or download from visithadleighsuffolk.co.uk
- Follow the 'Hadleigh Gets Creative' Facebook page for the latest details or maybe meet up with others for a Sketchathon.
- We would love to exhibit your creative work inspired by the Tree Trail – contact us via info@wobblylearning.co.uk or 'Hadleigh Gets Creative' Facebook page.

Trees in Art: Activity

Today, we invite you to spend some quality time with the beautiful trees you'll see as you walk round Hadleigh, with its enchanting woods, river and ancient buildings. We hope these trees will inspire you and quite simply make you feel healthier and happier.

What's not to love about trees? We owe them our lives. They provide the oxygen we breathe, soak up pollution and stabilise the earth we walk on. They give us materials for tools, building, shelter, fire, medicine and food. They communicate silently with our immune systems and emotions. Trees quite simply make town and countryside beautiful.

In all cultures, trees have inspired creativity. In Suffolk you'll notice leaf patterns in plaster work on ancient houses, in wooden carvings, pottery, wallpaper and textiles.

We hope you'll slow down and sketch some trees as a memory of your walk and as a stimulus for more creative work. All you'll need is a sketchbook, an ink pen or pencil, and maybe a few watercolours.

A safe and comfortable spot to sit and draw is around St Mary's church and the Deanery Tower. You will also find some perfect spots along the river walk.

Here are some suggestions:



Draw a leaf from different trees.
Then use the shapes to create new patterns - in greeting cards, textiles, pottery or sculpture. Maybe add some notes, sayings or poetry.



Find a tree that speaks to you.

First spend some time observing it: its basic shape, branch structure, bark, roots, leaves, flowers, fruit, moss, fungi, reflections of light, colours, surroundings. Any animals, birds, or insects around? Any scents? Any sounds? Does the tree remind you of anything from your past? When ready, start drawing the patterns you see. Just ignore any critical voice about your work and lose yourself in the process.

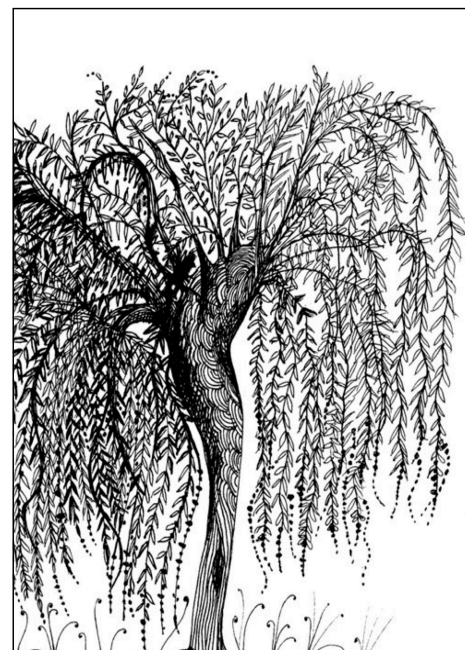
Afterwards, the magic happens:
you start noticing trees everywhere, how individual they are, and the many tree and leaf patterns in your culture.

Please send photos of your work to
info@wobblylearning.co.uk or to the 'Hadleigh Gets Creative' Facebook page. We'd love hear from you.

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HADLEIGH TREE TRAIL

& Trees in Art Activity



Produced by Hadleigh Town Guides



HADLEIGH VISITOR INFORMATION
tel: 07748 710598

Illustrated and written
by Charmaine McKissock

1. GINKGO BILOBA

Also called 'Maidenhair' tree
Known as a living fossil: was around 350 million years ago!
Revered worldwide.



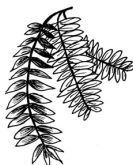
2. SWAMP CYPRUS

Deciduous conifer, native to swampy areas of USA. Has conical 'knees' at base and stunning autumn display of red needles.



3. HONEY LOCUST

An ancient tree. The sweet pods probably tempted mammoths to eat them. It has many uses, including herbal medicine.



4. CALLERY PEAR

Native of China. Unpleasant smelling flowers, but small fruit loved by birds.

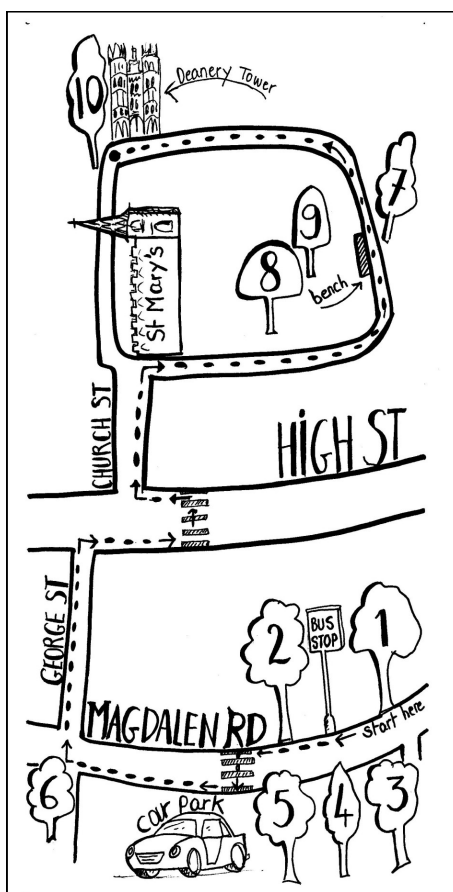


5. HAWTHORN

Blossoms in May, so also called 'May Tree'. British native. Flowers & fruit used widely in herbal medicine.



HADLEIGH TREE TRAIL A selection of ancient and beautiful trees



6. NORWAY MAPLE

Has broad round crown with variegated leaves, turning vibrant purple to golden yellow in autumn.



7. HOLM OAK

Strong and long lived, one of the few evergreen oaks. Sacred symbol of strength and wisdom. Popular with wildlife.



8. WILD CHERRY

Such a tall specimen of our native ornamental tree! Offers nectar, pollen, fruit and leaves for wildlife.



9. WEEPING ASH

Delicate leafy shoots grow downwards from twisting branches. Medicinal and mystical: referred to as 'Tree of Life' in Norse mythology.



10. LIME

This charming giant is over 200 years old. Sweet scented flowers used as soothing tea. Popular with pollinators.

